

For pupil champions

Have you supported a friend when someone important to them died? Have you been bereaved yourself? Could you be a *Growing in Grief Awareness* champion to help improve support in school?

The Growing in Grief Awareness framework helps schools think through how they support pupils when someone important to them is dying or has died. It also helps them think about how to prepare pupils to face this in the future.

You can read more about the framework [here](#). We are encouraging schools to kick off this work by auditing their practice and planning actions to take during the 2019/20 academic year.

How you can use the framework

- If you or a friend has been bereaved and have had good support from staff at your school, this can be a way of thanking the school and making sure that other pupils get similarly good support
- If you have had a difficult experience in school, introducing the school to the Growing in Grief Awareness framework can help you structure a conversation to improve support both for you and for other bereaved pupils
- You can also ask your parent or carer to encourage the schools to Grow in Grief Awareness.

Tips for introducing the framework to your school

If you would like to encourage your school to *Grow in Grief Awareness*, we suggest that you

1. Ask for a meeting with your head of year, pastoral support manager or a senior leader. You might prefer to go through your class teacher or form tutor first, and get them to come with you. You might also like to take a friend or someone else who has been affected by bereavement
2. You can send them this [introductory information](#) or take it along to the meeting.
3. You might want to have a look at the [framework](#) ahead of the meeting and think about which areas your school is doing well, and which areas you think could be improved
4. In the meeting, explain why you think the framework could help the school.
5. If you currently need more support than you are getting for a bereavement in your own life, you might also want to print off our list of [suggestions](#) that other bereaved pupils have made, and tick the ones you think could help
6. Ask the school to feed back to you when they have completed the audit and shown how they are Growing in Grief Awareness.

Thank you for championing the framework: this will help improve support for bereaved pupils now and in the future.



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